

Citizens of the World Lunch January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Chicken Fried Rice Edamame Fruit Milk	4 Pretzel w/Cheese Dip Peas Fruit Milk	5 Roast Beef Hot Sub Broccoli Salad Fruit Milk	6 Meatball Grinder California blend Fruit Milk
9 Beef Chili Frito Chips Diced Carrots Fruit Milk	10 Beef Rice Bowl Refried Beans Fruit Milk	11 Orange Chicken w/Rice Green Beans Fruit Milk	12 Lasagna Roll Up w/Marinara Broccoli Fruit Milk	13 Cheese and Potato Casserole English Muffin Vegetable Juice Fruit Milk
16 No School	17 Cheesy Broccoli Rice Casserole Fruit Milk	18 Chicken Patty Mashed Potatoes Fruit Milk	19 Cheesy Shepard's Pie Roll Cherry Tomatoes w/ranch Fruit Milk	20 Tacos x2 w/Salsa Black Beans Fruit Milk
23 Hot Dogs Green Beans Fruit Milk	24 Enchilada Rice Tortilla Chips Pinto Beans Fruit Milk	25 BBQ Chicken on Bun Roasted Sweet Potatoes Fruit Milk	26 Cheesy Potatoes Steamed Broccoli Fruit Milk	27 Turkey Sandwich Side Salad w/tomatoes Fruit Milk
30 Beanie Weenies Roll Fruit Milk	31 Burgers on WG Bun Roasted Potatoes Fruit Milk	1 Mac n Cheese Peas Fruit Milk	2 Cheese Bosco Stick Tomato soup Fruit Milk	3 Sweet and Sour Chicken over Rice Broccoli Fruit Milk

This institution is an equal opportunity provider

Milk offered in 2 varieties at each meal service